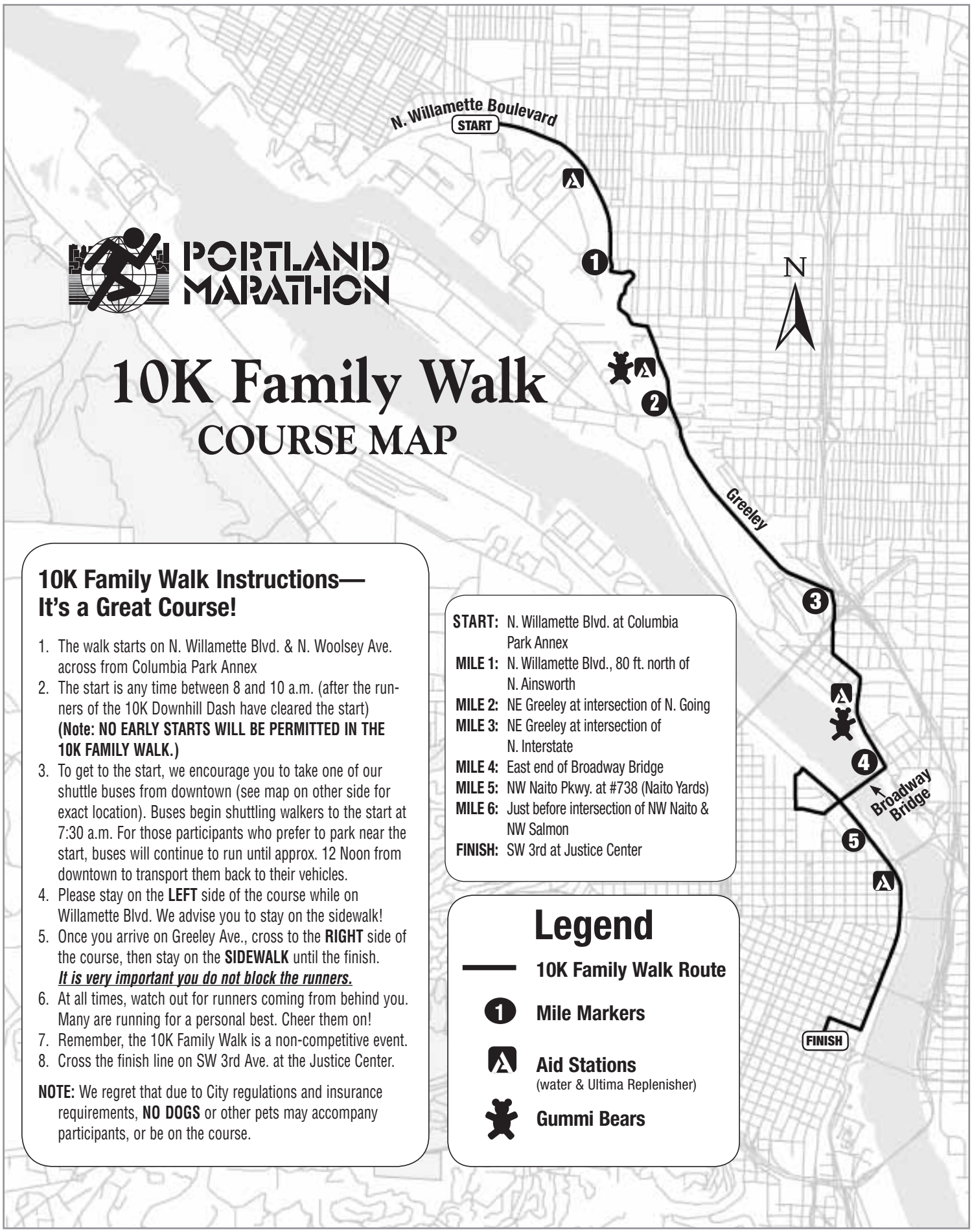
10K Family Walk
COURSE MAP



10K Family Walk Instructions— It's a Great Course!

1. The walk starts on N. Willamette Blvd. & N. Woolsey Ave. across from Columbia Park Annex
2. The start is any time between 8 and 10 a.m. (after the runners of the 10K Downhill Dash have cleared the start) **(Note: NO EARLY STARTS WILL BE PERMITTED IN THE 10K FAMILY WALK.)**
3. To get to the start, we encourage you to take one of our shuttle buses from downtown (see map on other side for exact location). Buses begin shuttling walkers to the start at 7:30 a.m. For those participants who prefer to park near the start, buses will continue to run until approx. 12 Noon from downtown to transport them back to their vehicles.
4. Please stay on the **LEFT** side of the course while on Willamette Blvd. We advise you to stay on the sidewalk!
5. Once you arrive on Greeley Ave., cross to the **RIGHT** side of the course, then stay on the **SIDEWALK** until the finish. ***It is very important you do not block the runners.***
6. At all times, watch out for runners coming from behind you. Many are running for a personal best. Cheer them on!
7. Remember, the 10K Family Walk is a non-competitive event.
8. Cross the finish line on SW 3rd Ave. at the Justice Center.

NOTE: We regret that due to City regulations and insurance requirements, **NO DOGS** or other pets may accompany participants, or be on the course.

START: N. Willamette Blvd. at Columbia Park Annex
MILE 1: N. Willamette Blvd., 80 ft. north of N. Ainsworth
MILE 2: NE Greeley at intersection of N. Going
MILE 3: NE Greeley at intersection of N. Interstate
MILE 4: East end of Broadway Bridge
MILE 5: NW Naito Pkwy. at #738 (Naito Yards)
MILE 6: Just before intersection of NW Naito & NW Salmon
FINISH: SW 3rd at Justice Center

Legend

10K Family Walk Route

Mile Markers

Aid Stations
(water & Ultima Replenisher)

Gummi Bears